

# MONMOUTH COUNTY SHERIFF'S OFFICE



## BULLYING, CYBERBULLYING, AND THE AFTER EFFECTS

SHAUN GOLDEN, SHERIFF



## A Message from Sheriff Shaun Golden

The Monmouth County Sheriff has instituted an agency-wide commitment to excellence. The men and women who serve here are dedicated to maintaining the highest standards of professionalism and excellence in the field. We will bring together the right team, provide the most comprehensive training, and utilize the latest technology to remain among the premier law enforcement agencies in the nation.

As testament to our commitment the Monmouth County Sheriff's Office is the only county in the state to achieve "Five Star" accreditation of the Law Enforcement Division, the Corrections Division, Correctional Healthcare, the Communications Division, and the Monmouth County Police Academy. We serve as a role model to other Law Enforcement Agencies throughout the state and will continue to raise the standard of law enforcement excellence in New Jersey. Teamwork, training and technology are three essential tools the Monmouth County Sheriff's Office uses to ensure our county remains a great place to live, work and raise a family.

**SHERIFF SHAUN GOLDEN**

**THEODORE F. FREEMAN, JR**  
*Executive Undersheriff*

**SPECIAL OPERATIONS**  
**ROBERT J. DAWSON, JR**  
*Undersheriff*

**LAW ENFORCEMENT DIVISION**  
**DARRYL G. BRECKENRIDGE, SR**  
*Undersheriff*

**COMMUNICATIONS DIVISION**  
**PHILIP E. MEEHAN**  
*Undersheriff*

**CORRECTIONS DIVISION**  
**VICTOR IANNELLO**  
*Warden*

**OFFICE OF EMERGENCY**  
**MANAGEMENT**  
**SCOTT NIELSEN**  
*Coordinator*

**MONMOUTH COUNTY**  
**POLICE ACADEMY**  
**TERENCE P. MAHON**  
*Director*

**MONMOUTH COUNTY**  
**FIRE MARSHAL'S OFFICE**  
**CRAIG FLANNIGAN, SR**  
*Fire Marshal*

A handwritten signature in black ink that reads "Shaun Golden". The signature is written in a cursive, flowing style.

# What We've Learned about Bullying



- Bullying affects all youth, including those who are bullied, those who bully others, and those who witness bullying. The effects of bullying may continue into adulthood.
- There is not a single profile of a young person involved in bullying. Youth who bully can be either well connected socially or marginalized, and may be bullied by others as well. Similarly, those who are bullied sometimes bully others.
- Solutions to bullying are not simple. Bullying prevention approaches that show the most promise confront the problem from many angles. They involve the entire school community—students, families, administrators, teachers, and staff such as bus drivers, nurses, cafeteria and front office staff—in creating a culture of respect. Zero tolerance and expulsion are not effective approaches.
- Bystanders, or those who see bullying, can make a huge difference when they intervene on behalf of someone being bullied.
- Studies also have shown that adults can help prevent bullying by talking to children about bullying, encouraging them to do what they love, modeling kindness and respect, and seeking help.

## CYBERBULLYING

- Among students ages 12-18 who reported being bullied at school during the school year, 15 % were bullied online or by text.

## HOW COMMON IS BULLYING?

- About 20% of students ages 12-18 experienced bullying nationwide.
- Students ages 12-18 who reported being bullied said they thought those who bullied them:

**56%**

Had the ability to influence other students' perception of them

**50%**

Had more social influence

**40%**

Were physically stronger or larger

**31%**

Had more money

All states have anti-bullying legislation. When bullying is also harassment and happens in the school context, schools have a legal obligation to respond to it according to federal laws.

## BULLYING IN SCHOOLS:

Approximately 46% of students ages 12-18 who were bullied during the school year notified an adult at school about the bullying.

### WHAT TO DO IF YOU'RE BEING BULLIED

- Talk to an adult you trust. Don't keep your feelings inside. Telling someone can help you feel less alone. They can help you make a plan to stop the bullying.
- Stay away from places where bullying happens.
- Stay near adults and other kids. Most bullying happens when adults aren't around.

## PROGRAMS OFFERED BY THE MONMOUTH COUNTY SHERIFF'S OFFICE:

### PRESENTATIONS & DEMOS

- Bike Safety Demo
- Bullying, Cyberbullying, and the After Effects
- Dangers of Strangers
- Fraud Protection
- Gang Education & Awareness
- Internet Safety
- K9 Demo
- Mental Health Resiliency
- Opioid Awareness
- Risks and Facts on Vaping
- Seek 9-1-1
- Smart Driving

### MCSO PROGRAMS

- Career Day
- Citizen Police Academy
- E.V.A.C.S. Initiative
- MCSO Tours
- Sheriff Youth Week
- S.P.A. Tours (Student Professional Awareness)
- VISCOMP

### SERVICES

- Car Fit
- Flag Drop Box
- HOPE One
- Inmate Labor
- Know Your Zone
- Medicine Drop Box
- Project Lifesaver
- Safe CARGO

### PUBLIC SAFETY CARDS

- Refrigerator Card
- E.V.A.C.S. ID Program

For more information, to enroll in a program, or to schedule a presentation/demo please contact program coordinator Alexa Quagliato at [AQuagliato@mcsonj.org](mailto:AQuagliato@mcsonj.org). Visit our website, [www.mcsonj.org](http://www.mcsonj.org) and click on the Community Outreach link.



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